

Nashville Community High School District #99

Health Office Information

Dear parent/guardian,

The School Nurse is responsible for caring for your child's healthcare needs during school, maintaining health information, and to communicate with school staff as needed. Records maintained by the nurse include physicals, immunizations, doctor's excuses, general health information, hearing and vision screenings and more.

Physicals

Each student is required by the State of Illinois to have a physical completed before entering 9th grade. Physical MUST be on the current State of Illinois Certificate of Child Health Examination form. All sections must be completed and signed by healthcare provider (MD, NP, PA) and parent. Students participating in sports must have a physical on file yearly. The 9th grade required physical counts as a sports physical for one year. IHSA has a recommended form for grades 10-12. New students enrolling midterm must have a physical completed before entering school on the current State of Illinois Certificate of Child Health Examination form. They have 30 days following registration to comply with Illinois state health immunization requirements.

Immunizations

Each student is required to show proof of required school vaccines.

Students entering 12th grade must have 2 doses Meningococcal vaccine.

Correct spacing and timing is required. For a detailed list, refer to the current School Immunization Requirements:

<https://dph.illinois.gov/sites/default/files/publications/minimum-immunization-requirements-entering-child-care-facility-or-school-illinois-fall-2020.pdf>

Per Illinois state laws and NCHS handbook, failure to comply with health examination and immunization requirements by October 15th of the current school year will result in the student's exclusion from school, activities, or sports until requirements are turned in.

Please make sure all required **vaccinations** are up to date. These are given by appointment either with your primary care provider, Washington County Health Department or Washington County Hospital Rural Health Clinic. Washington County **Health Department** can give immunizations to students with **Medicaid or without insurance**. Address: 177 S Washington St, Nashville, IL 62263 Phone: (618) 327-3644.

Washington County **Hospital Rural Health Clinic** will give immunizations to students with **private insurance**. Address: 705 S Grand St. Nashville, IL 62263 Phone: (618) 327-8236.

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Medications

Per the Nurse Practice Act and NCHS handbook, the School Nurse must have a doctor's order to administer any medications. This includes over the counter Tylenol and Ibuprofen. Students are not allowed to carry medications on them, in their bag or in their locker (exception is self-administer medications-see below).

The nurse's office supplies Tylenol and Ibuprofen tablets. If your student needs liquid or chewable form, it must be supplied by you and indicated on the Over the Counter Medication Authorization Form, as the dosages may be different.

If your student needs to take a scheduled medication at school, please complete the nurse's office supply section of the Over the Counter Medication form. These medications will be kept and administered in the nurse's office.

With a doctor's order, certain diagnoses require a student to carry medication on their body (diabetes, severe food allergies). Please indicate these medications under the Permission to Carry section of the Over the Counter Medication form. For students who need to carry their inhaler for asthma, parents should supply their written permission for their student to carry their inhaler and a copy of the prescription label.

Health Information

In order to care for your student, we ask you provide necessary medical information. Certain conditions may affect your student in the classroom, and their health information will be shared with NCHS staff on a need to know basis. Also, in the event of an emergency, the nurse will relay their health records to emergency personnel.

It is strongly recommended that if your child has a severe medical condition such as asthma, a severe allergy, seizures or diabetes that you receive a detailed care plan from your healthcare provider. These should be updated yearly.

Indications for staying home

For the health of all students, keep your student home if your child has fever, is vomiting, has uncontrolled coughing or pain, or is unable to concentrate due to mental or physical concerns. Students should stay home 24 hours after vomiting and 24 hours after a fever without taking fever reducing medications.

Injuries

If any condition or injury requires accommodations in the classroom or PE, please obtain a doctor's note and turn into the nurse the first day of returning to school. The nurse will communicate with you or your student regarding any needed accommodations or help.

If you have any questions or concerns, please contact me.

Melissa Harriss, BSN, RN

NCHS School Nurse

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